

January through May, 2012



Crossing *Paths*

The Path to Community through Small Groups

An initiative of

ARDMORE
Baptist Church
CONNECTING ALL AGES.

Meet new people, share interests with others, and find new ways to explore your faith together! It's as easy as 1-2-3!

1. Find a small group that's just right for you.
2. Contact the group's leader for more info and to RSVP.
3. Invite a friend, neighbor, or coworker to come with you.



Chair Exercise

Leader: Jo Ann Mount (joannmountusa@netscape.net, 972-5696)

Dates & Time: Each Monday, 11:15 a.m. - 12:00 noon

Location: Fellowship Building, Room F226

Everyone is welcome to this class of chair exercises where we work on cardio, strength, flexibility, and balance. We exercise for 45 minutes, and then have light refreshments each week.



Flexibility & Balance Class

Leader: Judy Iannuzzi (945-2898, judyiannuzzi@gmail.com)

Dates & Time: Mondays, 11:00 a.m. - 12:00 noon

Location: Shepherd's Center

This class blends breathing with movement, stretching with relaxing, and the physical with the spiritual. It begins with deep breathing and centering, followed by movements that warm up joints and the spine. Heat-building movements warm the muscles to prepare them for long, gentle stretches. Class ends with a period of deep relaxation. Participants need to bring a yoga mat and beach towel. Wear loose or stretchy exercise attire.



A different kind of worship experience

Beginning Saturday, January 21 at 5:45 p.m.
Then the 1st & 3rd Saturdays,
February through May

In the Fellowship Hall



Ardmore Connections (formerly Foyer)

Leaders: Ann Canupp (bcanupp001@roadrunner.com) & Jacki Todd

Dates & Time: Each group determines its own dates & times.

Location: In homes of participants.

Small groups of folks (usually 6 to 8) gather at least four times a season (Fall; Winter/Spring) for fellowship and food. Participants sign up in August and January. They are placed into groups who will meet over the course of the four month period. Purpose of the groups is to get to know other folks in the church with whom you do not interact on a regular basis. These gatherings are similar to those of the early Christians who gathered in each other's homes for meals, fellowship and building up the church. The time, dates and location are decided by each group at the first get-together. Usually the host/hostess determines and provides the food: choice of regular meal, dessert only, soup and salad, brunch, tea and finger foods, etc. Gatherings should be limited to 1-1/2 to 2 hours. These groups are designed for adults of any age; couples and/or singles are encouraged to participate.



Eat to Live, Live to Eat

Leader: Sandra Aycoth (765-1537, raycoth@bellsouth.net)

Dates & Time: Wednesdays, January 4, 11, and 18, 5:00 - 6:00 p.m.

Location: Contact Sandy for location.

A mini-course in small, subtle changes to your diet to improve health, blood glucose levels, and weight management. We will explore biblical scripture that instructs us how to eat. We will explore the value of ancient spices and how they affect our health. Please join this fun group as we pray, laugh, and learn together. Call Sandy for more information and to sign up.



Caregiver Support Group

Leader: Kathy Lowe (766-8914)

Dates & Time: 2nd Thursday of each month, 7:00 - 8:30 p.m.

Location: Ardmore Room

Simply put, a caregiver is one who provides service to another person who requires help meeting his or her own needs, and that person might be someone in your family, a neighbor, or a friend. Our group provides a safe, confidential place to share feelings regarding the caregiving role. We provide information and resources to help caregivers set realistic goals, improve their decision-making ability, and feel more confident and competent in the caregiving role. Most importantly, the group offers encouragement and permission to take care of yourself and to meet your own needs.



Movie Night Out for adults

Leaders: Barry & Nancy Parks (nparks@triad.rr.com, 926-0059)

Dates & Time: Fridays, January 13, February 10, March 9, at 6:30 p.m. and Friday, May 11 at 7:00 p.m.

Location: Main Lobby – enter glass doors off Elizabeth Avenue.

We'll watch a great movie and then discuss the movie's spiritual themes. Please email to let us know you're coming and to receive a notice of the next movie.



Senior Citizens' Club

Leaders: Ann Bernard (765-3226); Nell Hege, & Mary Lou Hunt

Dates & Time: 2nd Tuesday of each month (September - May), 10:15 a.m.

Location: Fellowship Hall

We're a happy mix of adults from different churches who meet together with one main objective: FUN! Anyone is welcome to join. Programs are varied, and there's something for everyone including a devotional and lots of music. After the meeting, a low-cost lunch is served. Members are asked to bring a food item for Crisis Control Ministries.



Grief Support Group

Leader: Christa Warise, Minister to Senior Adults (725-8767, ext. 50, cwarise@ardmorebaptist.org)

Date & Time: 4th Wednesday of each month, 10:30 a.m.

Location: Church Parlor (off sanctuary narthex)

This group offers emotional & spiritual support for those who have lost a loved one. The members serve as sources of understanding and inspiration to each other. Meaningful friendships are often formed in this group of trust, caring, and confidentiality.



Financial Peace University

Leaders: Jay Van Nostrand (793-6124, jayvan52@aol.com) & Joshua Chancey (910-580-0425, chanceyjj@yahoo.com)

Dates & Time: Thursdays, beginning January 12, 7:00 - 9:00 p.m., for 13 weeks

Location: TBA

FPU teaches you how to make the right decisions with your money and empowers you with the practical skills and confidence needed to achieve your financial goals and experience true financial peace. The course consists of video lectures by Dave Ramsey and class discussions. The average family pays off \$5,300 in debt and saves \$2,700 in the first 91 days of the course! The cost is \$100 per family unit (individual, husband and wife with teenage children, engaged couples, etc.) for course materials. The first preview class is free! Scholarships are available.

Alcoholics Anonymous, Saturdays, 7:00 p.m., Room F226 (enter at drive-thru door). Support group for people who want to stop drinking and remain that way.

Mid-Town Al-Anon, Mondays, 12:00 noon, Ardmore Room. Al-Anon is a support group for people who have a family member who abuses alcohol.



Adult Choir

Leader: Sandra Talton, Minister of Music (stalton@ardmorebaptist.org, 725-8767 ext. 13)

Dates & Time: Rehearses Wednesday evenings, 7:15 - 8:45 p.m.

Location: Choir Room (E217).

Childcare provided; no pre-registration necessary.

Come join us as we prepare for weekly 10:30 worship services and an Easter presentation. No cost involved, and you are guaranteed a good seat in worship! Choir is a great way to get to know people and to plug into Ardmore life, as well as to put music and joy in your own life. If your schedule doesn't allow Wednesday night rehearsals, consider singing with the 8:15 choir which rehearses at 7:50 a.m. prior to that early Sunday worship service.



Card Sharks

Leaders: Darby Graves (287-7445, darbystamps@gmail.com) & Stephanie Daniel (253-3757, bdan777@earthlink.net)

Dates & Time: 3rd Monday of each month, 6:30 - 8:30 p.m.

Location: Fellowship Building Room F104.

This small group offers the opportunity to learn and use card-making, papercrafting, and rubber stamping skills. Whether you are a first-time cardmaker or an experienced one, there's a place for you! Best of all, this group provides the chance to meet new people, make new friends, and to encourage and support others through the gifting of cards. Each month we will make three different cards during our session. To cover the cost of materials, a \$5.00 fee will be collected each month.



Handicrafters

Leaders: Linda Cline (lindamae83@aol.com) & Jacki Todd

Dates & Time: 1st Thursday of month, 10:00 a.m. - 3:00 p.m.

Location: Fellowship Hall B

We cut, sew, stuff, press, & make ready items to deliver to Newborns in Need, the Shepherd's Center, healthcare facilities, foster children, etc.



Prayer Shawl Ministry

Leader: Inez White (ihw1952@bellsouth.net, 725-8454)

Dates & Time: 3rd Saturday of each month, 10:00 a.m. – 3:00 p.m. (bring a bagged lunch)

Location: Fellowship Building, Room F204.

Do you like to knit or crochet? We invite you to join the Prayer Shawl Ministry and share your talents to bless those in need of a "Prayer Shawl Hug." Our hands become God's tool for showing His love to those who are hurting and in need of comfort and hope.



Women's Tuesday Evening Bible Study

Leaders: Jen Chancey (chanceyj1@yahoo.com, 954-600-1238) & Kristen Beavers (kristenbeambeavers@yahoo.com, 336-813-2540)

Dates & Time: Tuesdays beginning Feb. 21, 7:00 - 8:30 p.m.

Location: Youth Place (3rd floor of Education Building)

Join us for *Anointed, Transformed, Redeemed: A Study of David* by three women who explore their lives and the life of David in this 6-week Bible study. Each segment focuses on the life of David at a different stage of his life: as a young man (sessions 1 and 2, Priscilla Shirer), as a middle-aged man (sessions 3 and 4, Beth Moore), and as a man facing the final third of his life (sessions 5 and 6, Kay Arthur). You'll laugh with them, cry with them, and learn to love God with them. Please contact Jen by January 24, so we'll have a workbook (\$18) for you!



Wednesday Evening Ladies' Bible Study

Leaders: Beth Steen(403-6776) and Carey Simpson (408-2025)

Dates & Time: Wednesdays beginning in February, 6:00 p.m.

Location: Fellowship Building, Room F226

We will be studying *Here and Now...There and Then*, by Beth Moore. Based on the book of Revelation, many points of view are presented, allowing us to decide for ourselves when the interpretation differs among scholars. This is an 11-week study, and the cost of the book is \$14.00. Please contact Beth or Carey to sign up, so they can order books.



Promise Keepers

Leader: Chester David (724-6315)

Dates & Time: 2nd & 4th Thursdays ongoing, 6:00 a.m.

Location: K&W Cafeteria on Healy Dr.

Promise Keepers is a group of men with the goal to share our faith journey with one another, grow in our relationship to Christ and to one another, and to seek a renewal of commitment to the principles of a Promise Keeper man. We meet for breakfast before the day begins, discussing various books as a starting point and focusing on our dynamic relationship with Christ. Our group is small and diverse, and no one in the group sees this time together as optional. There's nothing like experiencing what God continues to do in our lives when we come together in His name as men seeking God's love.



Women's Thursday Morning Bible Study

Leader: Kathy Graves Littlejohn (724-7331, gotowestover@bellsouth.net)

Dates & Time: Thursdays beginning January 19, 9:30 a.m.

Location: Contact Kathy for location.

Come join us for women's Bible study and fellowship! We will be studying the book of James using Beth Moore's new 8-week study, *James: Mercy Triumphs*. All ladies are welcome. There is a cost for the workbook; please contact Kathy so she will know how many to expect.



Men's Wednesday Evening Bible Study

Leader: John Griffenhagen (jgriffenhagen@triad.rr.com)

Dates & Time: Wednesdays, 6:00 p.m.

Location: Education Building – Room E207

This cross-generational men's group studies the Bible, current books on faith, and classic devotionals. Our typical meeting consists of open discussion on a chapter of the book we are currently reading. We also make time to listen to one another's concerns and praises, and to pray together. Our intent is to make life application of the spiritual truths we learn and to grow in faith and character. We find that we learn more and grow more by working together. "As iron sharpens iron, so one man sharpens another." (Proverbs 27:17)

Be helpful



H2H Ministry - From Hunger 2 Health

Leader: Chester David (724-6315) and Rob Lemons (725-8767)

This new ministry at Ardmore is just in its infancy. The people of Ardmore are called to respond to community-wide needs of feeding hungry children and cooperating with other agencies and churches to build a dynamic relationship with the greater Winston-Salem area. In 2012 we have partnered with the Second Harvest Food Bank of NW NC to initiate a Backpack program with Ashley Elementary School. We will need ongoing volunteers and gifts to propel this program to serve at least 50 hungry kids per week. Other ministries to be developed include community gardening, raising hunger and sustainability awareness, community leadership training and developing working relationships with various churches and entities to meet physical and spiritual needs around us. The name "From Hunger 2 Health" depicts our mission to reach people for Christ through life-changing relationships by first meeting their physical needs. Interested in being a part? Contact Chester or Rob to find out where you can plug in.



Ardmore Activators

Leader: Jan Overman (jgorn@bellsouth.net, 828-773-5484)

Dates & Time: 1st Monday of each month, 7:00 p.m.

Location: Members' homes or mission work sites

The Activators mix prayer support for one another and for missionaries along with actively doing mission projects. We collect items for students, fair workers and woman prisoners. We often visit children's homes and a home for handicapped adults, taking games and refreshments, and having a devotional time. Anyone is welcome, but this group is primarily ladies over 40.



Dottie Williamson Group

Leaders: Pat Livengood (pat.livengood@yahoo.com, 499-6488) & Sandy Spaugh (mspaugh@triad.rr.com, 768-5636)

Dates & Time: 1st Thursday each month, Sept.-June, 7:00 p.m.

Location: At members' homes

Fall 2011 marked the 20th anniversary for the Dottie Williamson Group. The group's name comes from a home missionary, Dottie Williamson, who has led and worked with multi-housing ministries in Mississippi and South Carolina. This is a multi-focus group which historically has included inspirational book studies and local community mission involvement. Membership is open. Most members are 55+.



Sisters of Faith

Leaders: Susan Jordan (707-7842) and Beth Steen (403-6776)

Dates & Time: 3rd Tuesday of each month

Location: At Ardmore Baptist; call Susan or Beth for room #.

We are a mission action group that focuses on local missions. Please join us for fun and fellowship as we spread God's love through missions.



ESL Tutoring/Homework Assistance

Leader: Elaine Elliott (elliott02@aol.com, 764-3968 or 633-9630)

Dates & Time: Wednesdays, beginning 1st week of August and throughout the school year, 5:30 – 7:00 p.m.

Location: 3rd floor Youth Hall

Join our team of volunteer tutors! The ESL (English as a Second Language) program serves all ethnic groups who want to be more proficient with the English language in both academic and everyday settings. We assess individual needs and develop plans accordingly; we also strive to develop relationships with our members and share the Gospel. We have several volunteers who split the adults into small groups, depending on specific needs. We also have four teachers and youth volunteers who help students with homework and tutor them in areas of concern. We have had Korean, Chinese, and Hispanic adults participate in ESL classes while their children receive tutoring. Computers and tutoring materials are available for both children and adults. Students of all ages, and especially Ardmore students, are welcome to come get homework help or simply finish their homework.



Looking for more ways to serve others?

Contact Rob Lemons, Ardmore's Missions Coordinator (rlemons@ardmorebaptist.org, 725-8767)

Are you looking for missions opportunities where you or a group could volunteer? Rob has an extensive list of service opportunities and can help you select just the right one for your gifts and interests.



WEE (Weekday Early Education) - Enrolling Now!

Flying Higher: Where Learning Leads Your Child to New Heights

Let your child enjoy a learning experience filled with nature exploration, outdoor play, chapel, music, and art. The Ardmore Baptist WEE Program has provided quality half-day care (9:00 a.m. – noon) for young children (9 months – 5 years) since 1948 – that's 63 years of ministry! We feel fortunate to offer to you an experienced staff in a pleasant and loving environment, as well as the support of our church family. With this winning combination, the Ardmore Baptist WEE program will continue to meet the community's ever-changing early education needs.

We offer two-, three-, and five-day programs in a nine-month school year. For registration application, and for more information, contact Jo West, WEE Director (725-3530, jwest@ardmorebaptist.org).



KidNec'tion is held the 2nd and 3rd Sundays of each month and is for children Kindergarten through 4th grade (5th and 6th grades are optional). Kids begin at the main worship in the sanctuary at 10:30, then leave when instructed to join us in the Fellowship Hall for kid-friendly expressive worship. Parents pick up their children in the Fellowship Hall at 11:30 as the main service concludes. For more information, contact Grace Hodge, KidNec'tion Coordinator (725-8767, ext. 15).

Visit www.ardmorebaptist.org to get the latest info on children's programs and activities!

Sunday Morning Bible Study

Every Sunday, 9:15 a.m.
Classes available for Birth through 6th grade.

Kidfest

Every Sunday, 4:30 p.m.
Kindergarten through 6th grade, Room E209.

Children's Choir (3 years old – 6th grade)

Every Wednesday, Preschool at 5:50 p.m.; grades 1 - 6 begin at 5:30 p.m.

Age-graded choirs for:

- Preschoolers (3 - 5 years old)
- Music Makers (grades 1 - 3)
- Young Musicians (grades 4 - 6)

Missions Education for Children

Every Wednesday, 6:20 p.m.
Mission Friends for Preschoolers (Birth - age 5)
GA's (Girls in Action) for grades 1 - 6
RA's (Royal Ambassadors) for boys in grades 1 - 6

Getting Ready Classes

This class is designed for children in grades 1 - 6 who are asking questions about God and are in the process of becoming Christians. Here, children can ask questions about Jesus, the Lord's Supper, Baptism and other aspects of Christian faith. In addition, they will be given exercises to be completed at home with a parent. Becoming a Christian is an incredibly important step in anyone's life, and this class seeks to ensure that children on this path have a clear understanding of the commitment they are making.

Now That I Am a Christian

This class is for children in grades 1 - 6 who have made a profession of faith. Children learn the importance of continuing to develop their personal relationship with Jesus and discuss what being a Christian really means, ways of connecting with God daily and to deepen their faith.



Contact Melissa Willis,
Minister to Children,
for information on all of
these children's activities
and more!

mwillis@ardmorebaptist.org, 725-8767, ext. 24

The Youth Ministry seeks to honor God in all we do. The ministry is open to all youth in 7th through 12th grades. Through the Youth Ministry we strive to develop and nurture our youth:

- to honor and build up the kingdom of God
- to equip our youth with meaningful faith
- to support and guide families through the teen years

Our Youth Department focuses on providing solid footings for faith development through education, recreation, fellowship and mission opportunities. We have listed several of our core activities below.

For a more comprehensive look at the life of the Youth Ministry, please email Betty Wright at bwright@ardmorebaptist.org and ask to be added to the youth weekly update mailing list or visit the calendar at www.ardmorebaptist.org.

Sunday Morning Bible Study

9:15 a.m. in the Youth Place (3rd floor of the Education Building)

Weekly Small Groups

Betty Wright, Interim Minister to Youth
(bwright@ardmorebaptist.org, 725-8767 x 14)

Thursday evening group meets at 7:00 p.m. at Cloverdale Panera Bread and is led by Alan Newcomb and Mary Margaret Todd.

Friday morning group meets at 7:45 a.m. at the Clemmons Panera Bread, led by David Todd. Open to grades 7 - 12; no preregistration necessary.

Wednesday Night Missions

Betty Wright, Interim Minister to Youth (bwright@ardmorebaptist.org, 725-8767 ext. 14)
The Youth Place opens at 5:00 p.m.; bring your dinner. There is a brief devotion and prayer at 5:30. Mission teams (grades 7 - 12) depart promptly at 5:45 from the Youth Place and return around 7:15.

Youth Choir

Sandra Talton, Minister of Music (stalton@ardmorebaptist.org, 725-8767, ext. 13)
Sundays at 4:45 p.m., Choir Room (E217)
Open to grades 7 - 12; no preregistration necessary.

Youth Sign Team

Beth Breeden (mbreeden@wakehealth.edu, 775-0264)
Sundays at 6:00 p.m., Choir Room (E217)
Youth (grades 7 - 12) learn American sign language set to contemporary Christian music and frequently share in worship.



Contact Betty Wright,
Interim Minister to Youth,
for information on all
things youth!

bwright@ardmorebaptist.org
725-8767, ext. 14



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